

Dingley Village Men's Shed

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(auspiced by Dingley Village Neighbourhood Centre Inc A00 16802F)

MARCH 2016 NEWSLETTER

According to the calendar, summer has finished so this must the **Autumn Edition** of the newsletter.



Hi everyone,

As we are now into our 4th year and just completed the AGM with the election of our new committee which includes a new president as well as a new vice president and a couple of fresh faces on board. The complete list is as below.

Ken Brown - Pres. John Bach - VP. David Robertson - Treasurer. John Prestt - Sect. Graham Kilby, Michael Stephens, Robert van der Linde, Graeme Charmers, Vaughan Gibson, Kel Burgess.

New committee members= Jim Gentle, Paul Brennan, Douglas Robertson. Retiring committee members= Pam Gates, Brendon Hynes, Jim Hudson, Stephen Knott.

Whilst there are a few changes it does not mean that the way the shed has been going for the past years will change.

I would like to express the DVMS members appreciation and gratitude for work well done to those that have decided to step down.

We are experiencing a good roll-up each day we are open and with the coming events list and activities it looks certain to continue.



The DVMS hosted the February cluster meeting that brings together representatives from all five Men's Sheds in the City of Kingston. This gives us a chance to catch up with what our neighbouring clubs are doing, sharing problems, discussing grants and with the help of Kingston's Community Development Officer, Eli Street, we find out how the city of Kingston can help us and inform of other group activities in our region.

It was great to see David Mudge, VMSA rep atend our meeting as he travelled from Druin to be with us.

If you can't afford a doctor, go to an airport - you'll get a free x-ray and a breast exam, and if you mention Al Qaeda, you'll get a free colonoscopy.

Hotel Scam

You arrive at your hotel and check in at the front desk.

Typically when checking in, you give the front desk your credit card (for any charges to your room).

You go to your room and settle in. All is good.

The hotel receives a call and the caller asks for (as an example) room 620 - which happens to be your room.

The phone rings in your room. You answer and the person on the other end says the following: 'This is the front desk. When checking in, we came across a problem with your charge card information. Please re-read me your credit card number and verify the last 3 digits numbers at the reverse side of your charge card.'

Not thinking anything wrong, since the call seems to come from the front desk you oblige. But actually, it is a scam by someone calling from outside the hotel. They have asked for a random room number, then ask you for your credit card and address information. They sound so professional, that you think you are talking to the front desk.

If you ever encounter this scenario on your travels, tell the caller that you will be down to the front desk to clear up any problems. Then, go to the front desk or call directly and ask if there was a problem. If there was none, inform the manager of the hotel that someone tried to scam you of your credit card information, acting like a front desk employee.

This was sent by someone who has been duped......and is still cleaning up the mess.

P.S. Please, consider spreading the word by forwarding this e-mail (as a "bcc"!). Who knows, you might just help someone avoid a nasty experience.

ANYONE travelling should be aware of this one! (Thanks Paul for this contribution and word of advice)



What's Coming Up:

Please find below the monthly activities planned for the balance of this year.

These could be subject to change, if there is insufficient response to an activity.

2016

Feb. Thurs. 25th - Antique Motor Cycles tour & lunch

March Fri. 18th. Cancelled, *now rescheduled to April Fri. 1st, (Mixed), Wife's & Partners.

Dinner at Redwood Gardens Chinese Restaurant", BYO drinks, reduced price on a banquet.

Numbers to be confirm - refer to booking list on DVMS notice board.

April Tues. 19th. - Nat. Vietnam Veterans Museum / Churchill Is. & lunch, Phillip Is. (Mixed)

Need to know numbers for the trip as this will decide if a bus is needed for the day.

May 5th Thur. - Men's Shed Members Day at the Melbourne Steam Traction Engine Club - Scoresby.

May Sunday 15th - Australian Street Rod Federation's Chequered Flag Day (see notice further on in newsletter).

May Thurs. 19th - Point Cook Air Museum & Lunch.

June TBC. Mornington Peninsula Brewery & lunch.

July TBC. Melbourne Shrine tour / Chinatown museum & lunch.

Aug. TBC. Pt. Nepean tour & Lunch, Portsea Hotel.

Sept. TBC. Nagambie (Goulburn Explorer) Day tour, (Mixed)

Oct. TBC. Go-Kart-Racing, Dandenong, Lunch?

Nov. Melbourne Cup Day, at Shed, (Mixed).

Dec. Christmas Break-up day, at Shed.

Jan. 26th 2017 Australia Day, BBQ, at Shed. (Mixed)

Here's another item that might interest some members to go out to see:

March 18 - 20, Casey / Cardinia Grand Woodart Exhibition. Cardinia Cultural Centre, Lakeside Bvde, Pakenham.

Get Well Wishes



Great to hear that Frank Russo is on the mend after heart surgery.

As Frank is a full time worker we don't see him at the shed very often but Frank is our web master and has produced our DVMS web site If you have not seen our web page do yourself a favour and take a good read of it. You will find lots of great details and photos of our activities that Frank maintains.

Join a club

This is an extract from an article printed in **The Age, Feb 21st - written by Bridie Smith**.

Clubbing - it's the secret to living longer. Whether it's a walking club, a bridge club or even a pigeon racing club, research has found that those who belong to clubs have significantly reduced risks of premature death.

Australian research published in the *British Medical Journal Open* found that being an active member of a club or social group in retirement could be just as good for your health as doing regular exercise.

"The more clubs the better," said University of Queensland psychologist Nikalas Steffens. "Membership of a group or club is really good for your health."



Just imagine what a membership we would have in a beer making club ... and it would be good for you!

We really do appreciate the work and effort that Ray Hastings puts into our morning tea. He's being doing it from day one - so on behalf of our shed members Ray, we say a very heartfelt

thank you.

And keep up the good work.





Thanks to Douglas & Warren for contributing to "Show & Tell"

If you have something of interest, bring it along and show us - this section of our Friday gathering is proving to be of great interest to members.

Have you got some old tools, photos, collectables, been on a good holiday or trip (not a ship cruise as these have been fully covered by Mr Raffles) then tell us about it.

It's your chance for "five minutes of fame".



The Victorian Men's Shed Association is proud to support the Australian Street Rod Federation's Chequered Flag Day.

This event is designed to give family entertainment and enjoyment with a slight Men's Health flavour.

What a great group or family day!

There will be displays by Men's Sheds and Health providers. Anyone interested in being involved with the displays should contact Ric Blackburn on 0408 465 228 or vmsa@vmsa.org.au

More information can be found on http://www.asrfvic.org/chequered-flag-day

Over heard on Valentines' Day - "Love is blind but marriage is a real eye opener."



Paul Baillie has offered to run a footy tipping competition this season so if you have not yet filled out one of the registration slips at the shed, make contact with Paul on pvb5@bigpond.com.au



The Monday art group are really coming along well - new models are attending each week so join in and see what painting skills you have.

hat a fantastic and generous group of sponsors we have at DVMS.

DVMS wish to thank Lesley from **Independent Body Corporate Management** for again making a donation to our shed.



Independent Body Corporate Management







What's the Monday working group been up to?

The last of the **picnic tables** is on its way with the help of 'digger' and his tractor - no way these will be pinched from the park!

The Stables - this is what you're left with when you take away the rusty roof, strip off the old split palings lining and take away the bottom plate - but the rebuild will "look" like the original.

The members of the Dingley Village Men's Shed again wish to express their appreciation to our wonderful local sponsors and generous donors.

OUR LOCAL SPONSORS

These local businesses have generously supported our fundraising efforts...

We ask that you the members support them in return.



Bunnings Keysborough



Bendigo Bank, Dingley Village



Nova Pharmacy



Dingley International Hotel



Redwood Gardens Chinese Restaurant



Melbourne Golf Academy



Padre Pizzeria



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Woolworths Dingley Village



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OUR LOCAL SPONSORS continued...



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Management



FLIGHT DECK BAR & GRILL



World Destinations Travel Agent

OUR DONORS

We are extremely grateful to the following businesses and organisations who have donated funds, materials and/or equipment



Ferro Corporation



Electrical Trade Union



Jetmaster



Dingley Village Community
Association

OUR DONORS continued...



Lions Club of Dingley Village



Country Women's Association Dingley Village

All Souls Opportunity Shop, Sandringham



Springvale Trade Centre



Morgan's Paint Spot